

# **PREVENTIVE MEDICINE MEASURES (PMM) for COMPANY-SIZE UNITS**

## **ESSENTIAL COMMANDER TASKS PRIOR TO DEPLOYMENT**

- Know the unit mission.
- Know the medical threat to the unit.
- Assure unit preventive medical supplies are available and current.
- Select and train a unit field sanitation team (FST).
- Assure each soldier is trained in PMM.
- Enforce PMM using the sanitation team and unit leaders.

## **ESSENTIAL LEADERSHIP TASKS IN THE OPERATIONS AREA**

- Ensure unit leaders are supervising the FST food, water, and garbage operations.
- Assist the commander to inspect food, water, and garbage operations.
- Enforce PMM by all unit members.
- Monitor construction of waste disposal facilities.
- Provide PMM training to each soldier.
- Enforce application of pesticides and monitor for reapplication.

## **ESSENTIAL FIELD SANITATION TEAM TASKS**

- Inspect water containers and trailers.\*
- Disinfect water supplies.\*
- Check unit water supply for chlorine.\*
- Inspect unit field food operations.\*
- Inspect unit waste disposal operations.\*
- Control arthropods and other animals in the unit area.\*
- Train unit personnel in PMM.\*
- Monitor status of PMM in unit.\*

\* ALL UNIT LEADERS SHOULD BE ABLE TO PERFORM THESE TASKS.

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HEADQUARTERS, DEPARTMENT OF THE ARMY

## SANITATION & HYGIENE EXPEDIENTS

	HIGHLY MOBILE	SHORT BIVOAC	EXTENDED BIVOAC
CAT-HOLE	←		
<ul style="list-style-type: none"> <li>Cover with dirt after use.</li> </ul>			
STRADDLE TRENCH		←	
<ul style="list-style-type: none"> <li>Enough for 4% of males and 6% of females.</li> <li>Cover with dirt after each use.</li> </ul>			
DEEP PIT			←
<ul style="list-style-type: none"> <li>Enough for 4% males and 6% females.</li> <li>Add urinals to protect seats.</li> </ul>			
CHEMICAL TOILETS		←	←
<ul style="list-style-type: none"> <li>Use where devices are prohibited.</li> </ul>			

GARBAGE PIT		←	←
<ul style="list-style-type: none"> <li>Locate no closer than 30 yards from the dining facility.</li> <li>One pit per 100 soldiers served per day.</li> <li>Cover with dirt after each meal, close daily.</li> </ul>			
SOAKAGE PIT (FOOD SERVICE)		←	←
<ul style="list-style-type: none"> <li>Locate near dining facility; alternate daily use.</li> <li>Fill with loose rocks.</li> <li>Add grease trap for dining facility waste.</li> </ul>			
SOAKAGE PIT (OTHER)			←
<ul style="list-style-type: none"> <li>Provide pit for urinals, shower, Lyster bag, or other locations where water collects.</li> </ul>			
MESS KIT LAUNDRY		←	←
<ul style="list-style-type: none"> <li>Dig soakage pit to provide good drainage.</li> </ul>			

HANDWASHING DEVICES		←	←
<ul style="list-style-type: none"> <li>Dig shallow soakage pit.</li> <li>Collocate with latrine and food facilities.</li> </ul>			
SHOWERS			←
<ul style="list-style-type: none"> <li>Dig soakage pit.</li> </ul>			
URINALS			←
<ul style="list-style-type: none"> <li>Trough.</li> <li>Pipe.</li> <li>Urinoil.</li> </ul>			